

In Japan the Ganko Ojisan are the keepers of the flame. These acolytes are devoted to the details of the fire. They have studied fire and learned it's secrets. They appreciate it's subtleties and respect it's temperamant. They know the hottest fire is not the best fire. For them only the finest charcoal will do, and that has to be Bincho.

Appetisers and Side Dishes

Edamame £2.00
Steamed soya beans with sea salt

Ohitashi £3.40
Cooked and marinated baby spinach with sesame

Mehikari £5.50
Fried white fish with seven spices

Tori tatsu-age £4.20
Fried marinated chicken with ponzu

Ebi-shinjyo age £4.00
Somen fried prawn (two piece)

Hiya yakko £4.50
Chilled tofu 'hiya yakko'

Tofu £4.75
Fried tofu with chilli and kimchee

Oshinko £2.90
Mixed Japanese pickles

Kimchee £3.20
Hot Korean pickles

Asazuke £3.00
Lightly marinated vegetables

Soup

Miso-Shiru £1.75
White miso with tofu and seaweed

Akadashi £2.50
Red miso with nameko mushroom and sansho pepper

Inaka no torijiru £3.50
Clear chicken soup 'Inaka' style

Suimono £3.00
Clear soup with seafood

Motsu nikomi £4.00
Daikon and pigs tripe miso stew

Salads

Mizuna £4.50
Japanese greens with tamari dressing

Kaiso to sashimi £5.50
Raw fish and tosaka seaweed

Saya £5.50
Green leaves, grilled salmon and shichimi pepper

Tomato £4.70
Iced beef tomato with green tea salt

Yuba £5.50
Baby spinach with fried yuba and bacon

Mentaiko £5.50
Crispy radish with baby anchovies and mentaiko

Enoki £5.50
Grilled Japanese mushroom with watercress

Yakitori

(Prices are per skewer)

Momo £1.20
Corn fed chicken

Negima £1.20
Corn fed chicken and spring onion

Mune £1.50
Chicken breast with shishito pepper

Tebasaki £1.30
Chicken wing

Sunazuri £1.00
Chicken gizzard

Leba £1.30
Chicken liver

Kawa £1.40
Chicken skin

Sori £1.50
Chicken oyster

Sasami £1.30
Chicken fillet with shiso leaf

Uzura £1.80
Quail

Uzuratamago £1.50
Quail egg

Uzurabacon £1.80
Quail egg and bacon

Aigamo £2.00
Duck with spring onion and wasabi

Other chicken parts available on request

Kushiyaki

Gyu £2.60
Beef rib

Honetsuki Gyu £1.60
Beef rib (on the bone)

Gyutan £1.40
Beef tongue

Koushi no leba £2.00
Veal liver and spring onion

Buta £1.30
Pork belly

Hitsuji £2.00
Lamb

Sake £1.20
Salmon

Hotate £2.20
Scallop (£2.20 per Scallop)

Toro £1.80
Tuna

Tai £2.00
Sea bream

Unagi £2.00
Eel

Ebi £2.50
Tiger prawns

Ika £1.30
Squid

Negi £0.60
Onion

Tomatobacon £1.20
Cherry tomato and bacon

Aspara £1.40
Asparagus

Asparabacon £1.50
Asparagus and bacon

Tofu £1.20
Tofu with miso

Shitake £1.50
Shitake mushroom

Enokibacon £1.80
Enoki mushroom and bacon

Eringi £1.70
Eringi mushroom

Zuchini £1.30
Baby courgette

Nasu £2.00
Aubergine with sesame and miso

Shishito £1.50
Japanese sweet pepper

Shimeji £1.20
Japanese mushroom

Ginnan £1.20
Ginko nut

Yakimono

(Other grilled dishes)

Iwashi shio-yaki £1.80
Sardine – salt grilled (£1.80 each)

Aji shio-yaki £2.90
Horse mackerel – salt grilled

Hira suzuki £6.50
Stone bass with moro miso

Ohyou £8.50
Halibut steak with saikyo miso

Sake teriyaki £5.50
Salmon steak with sweet soy

Kohitsuju miso yaki £10.50
Lamb cutlets with miso (three cutlets)

Gyu-ninniku £11.00
Rib of beef steak with tamari, fried garlic and lotus root

Rice Dishes

Gohan £1.50
Steamed rice

Yaki-onigiri £2.00
Grilled rice cake with seaweed and soy

Ninniku yaki meshi £3.50
Buttered rice with garlic

Tori Yaki Meshi £4.00
Fried rice with chicken and mushroom

Yasai yaki meshi £3.70
Fried rice with Japanese vegetables

Oyako don £6.00
Chicken, egg and spring onion on rice

A Traditional Finisher

Ochazuke — A mixture of rice and green tea mixed with Japanese pickles

Nori £3.30
Ochazuke with sesame and seaweed

Sake £3.80
Ochazuke with salmon

Maguro £4.00
Ochazuke with tuna

Tai £3.80
Ochasuke with sea bream

Ume £3.20
Ochazuke with pickled plum

Other Ochazuke available on request

Desserts

Yuzu pannacotta £4.50

Baked chocolate, mirin ice cream £5.50

Traditional layered banana cake with green tea ice cream £5.00

Soymilk doughnuts £5.00

Sake poached pear, sesame biscuits £5.00

Selection of ice creams or sorbets £1.00 per scoop