

## ANTIPASTI

V VEGETALI MARINATI ALLA GRIGLIA	£5.90
Grilled Mediterranean vegetables with polenta topped with thyme, olive oil and balsamic vinegar	
POPEYE SALAD	£5.70
Fresh spinach leaf, crispy bacon, avocado and parmesan flakes	
V FUNGHI MARCHIGIANI	£6.80
Mushrooms sauté in a garlic, white wine and creamy gorgonzola sauce served on toast	
V MOZZARELLA BATTIPAGLIESE	£7.90
Buffalo mozzarella cheese with endive curly salad, artichoke marinated and sun dried tomato	
V MELANZANE ALLA PARMIGIANA	£6.90
Aubergine baked in the oven with mozzarella cheese and parmesan cheese and tomato sauce	
V PANZANELLA PUGLIESE	£4.50
Toasted farmhouse bread served with fresh tomato, mushroom, sun dried tomato, garlic, basil and olive oil	
V DON GIOVANNI BOOLS	£6.40
Whole deep-fried mozzarella cheese filled with dolcelatte, mushrooms, tomato sauce, basil and garlic	
V INVOLTINI DON ABBONDIO	£6.70
Grilled rolled aubergines filled with fontina cheese and basil, served on a creamed tomato sauce	
V PANE E COMPANATICO	£4.90
Toasted ciabatta bread served with a whole roasted garlic and four different dips	
ANTIPASTO DELLO CHEF	£11.20
A mixture of classical Neapolitan antipasti cured meat, buffalo mozzarella cheese and marinated grilled vegetables	
COZZE IN BRODETTO	£7.90
Mediterranean mussels cooked with lemon grass, garlic, chillie and a touch of lobster sauce	
SALMONE MARINATO	£6.90
Salmon, marinated in oil, vinegar, lemon, lemon grass and thyme, served on rocket and radicchio rosso salad	
CORNETTI DI SALMONE VERDE ROSA	£7.90
Smoked salmon slice filled with avocado, mascarpone and herbs served on a bed of rucola salad	
CARPACCETTO DI TONNO	£7.20
Tuna fish carpaccio served with wild rucola and parmesan cheese flakes	
CALAMARI FRITTI	£7.40
Deep fried Mediterranean calamari served with a spiced Pugliese sauce	

## ZUPPE

V ZUPPA DI VERDURE E LEGUMI UNO	£4.70
Fresh vegetable and pulse soup, UNO style	

## PASTE

SPAGHETTI AL RAGU' E ROSMARINO	£6.80
Mediterranean style minced beef, tomato, garlic and rosemary	
PENNETTE ALLA FURESE	£7.90
Artichoke, bacon, mushrooms, tomatoes, a touch of cream and springy onions	
PENNETTE ALLA BARESE	£7.90
Short pasta in a garlic, chilli, fresh sausage, asparagus, basil, white wine and tomato creamy sauce	
PAPPARDELLE LUGANESE	£7.70
Home made princess pasta, spiced luganica sausage, oyster mushrooms, cream, tomato and chilli	
V CAPPELLI DI PRETE	£9.70
Homemade pasta filled with rucola and ricotta, served with wild mushrooms, white wine and cream sauce	
V CANNONCINI AL SUGHILLO	£8.40
Short pasta with gorgonzola, shallots and wild mushrooms in a white wine and cream sauce	
V GNOCCHI D' ANGELO	£8.70
Home made potato gnocchi with cherry tomatoes, mozzarella cheese, garlic, basil and some fresh chilli	
V RISOTTO PRIMAVERA	£7.90
Risotto with mixed fresh Mediterranean stir fried vegetables, garlic, parmesan cheese and white wine	
RISOTTO ALLO ZAFFERANO E MAZZANCOLLE	£10.40
Saffron risotto with Mediterranean prawns, wild rucola and rosé prosecco	
PAPPARDELLE MACHIAVELLI	£8.70
Princess pasta, smoked salmon, fresh spinach, cherry tomatoes, cream and white wine	
LINGUINE UNO AL CARTOCCIO	£13.40
King prawns, tiger prawns, wild clams, mussels, baby cuttle fish, prawns, tomato, garlic and white wine	

*All our sauces are prepared to order*

## PASTA AL FORNO

PASTICCIO DI LASAGNE	£7.90
Layers of white and green pasta, minced beef and cream sauce	
V GNOCCHI AL TEGAMINO	£9.70
Oven baked potato gnocchi with mushrooms, mozzarella cheese, artichokes, tomato, cream and parmesan cheese	
V PENNETTE RICARDO ( by request )	£9.60
V GUELFI E GHIBELLINI	£8.75
Pancake parcels filled with ricotta and parmesan cheeses one with spinach, the other with mushrooms oven baked with butter and sage served with tomato and basil sauce	

## CARNI

CARPACCIO DI CAPRIOLO Venison carpaccio served with wild rucola, parmesan cheese flakes and white truffle oil	£11.20
BISTECCA CON SALSA DI VINO ROSSO E FUNGHI PORCINI Sirloin steak with a red wine butter sauce and porcini mushrooms	£13.40
SCALOPPINE DI VITELLO ALLA SORRENTINA Veal escalope cooked in butter and white wine topped with fresh tomato, basil, mozzarella cheese and parmesan gratiné	£12.90
POLLO MONSIGNORE Breast of chicken baked in the oven finished with white wine, butter and Dijon whole grain mustard	£13.20
FEGATO E PANCETTA Grilled or pan fried calves liver with smoked Italian bacon	£11.90
SCALOPPINI DI CERVO AL BAROLO Wild venison escallops with Parma ham and sage in Barolo and thyme sauce	£13.40
BISTECCA ALLA GRIGLIA CON RUCOLA Marinated grilled sirloin steak served with rocket, fresh tomatoes and parmesan flakes	£13.90
SELECTION OF SEASONAL VEGETABLES OR MIXED SALAD	£3.60

## PESCE

FRITTURA DI PARANZA Deep fried Mediterranean style calamari, red mullet and seabass served with a homemade tartare sauce	£14.20
CARPACCETTO DI TONNO AL CORIANDOLO Tuna fish carpaccio served with wild rucola and parmesan cheese flakes	£11.40
TONNO ALLA GRIGLIA CON CAPONATA Grilled tuna steak served on an aubergine caponata with mixed Mediterranean herbs	£12.90
GRIGLIATA MISTA DEL MARE Triste of fresh mixed grilled fish marinated in our selected olive oil, fresh basil, lemon grass, juniper berries and wild red currants	£14.90
SALMONE ALLO ZENZERO E MIELE Fresh salmon steak cooked in a crust of fresh ginger and wild honey, topped with a light balsamic vinegar sauce	£11.40
SELECTION OF SEASONAL VEGETABLES OR MIXED SALAD	£3.60

## PIZZE

V MARGHERITA Tomato, mozzarella cheese and oregano	£5.90
SORATINA Tomato, mozzarella cheese, grilled artichokes and oregano topped with speck (smoked Parma style ham from Sora)	£8.50
CAPRICCIOSA Tomato, mozzarella cheese, anchovies, hot pepperami, olives, roasted artichokes and garlic	£7.90
GRAN SASSO Mozzarella cheese, tomato, bresaola (cured beef) and parmesan flakes	£9.90
QUATTRO STAGIONI Mozzarella cheese, tomato, mushrooms, ham, olives and roasted artichokes	£8.30
AL SAN DANIELE Parma ham, mozzarella cheese, tomato, wild rucola and oregano	£8.70
MERGELLINA Marinated seafood – baby cuttlefish, tiger prawns, baby octopus and mussels with tomato, oregano and garlic	£10.90
BIANCA Mozzarella cheese, topped with rucola and fresh smoked salmon	£8.70
V LA BARBASCHIELLO Mixed roasted vegetables, mozzarella cheese, tomato, oregano and olive oil	£8.70
V BELL' ITALIA A blend of four cheeses, sun dried tomatoes, roasted pine nuts and fresh asparagus	£8.20
V BACIO Tomato, mozzarella cheese, gorgonzola cheese, wild rucola, fresh garlic and basil	£7.90
CALZONE UNO. Folded pizza filled with mozzarella cheese, spiced salami, capers, black olives and garlic	£7.90
V CALZONE PIMLICO Folded pizza filled with ricotta cheese, mozzarella cheese, spinach, mushrooms, fresh sage, topped with chopped fresh tomatoes – a speciality for the hungry	£8.50
EXTRA TOPPINGS – EACH	£1.50

**SERVICE NOT INCLUDED** except for parties of 5 or more where a 12.5% service charge will be added