



# SOVK Medina

1a Shorts Garden

0207 240 1796

## Medina Snack & Starters

All served with warm Pitta Bread

Soup of the day (see waiter) 2.95

Garlic Pitta with Feta cheese 2.95

3 Toasted Pitta topped 3.50

with Tomato, Onion & fresh herbs

Orange, Feta cheese & Olive Salad 3.50

Homous 3.50

Zaalouk 3.95

Grilled Aubergine, Pepper, Tomato 3.50

Falafel with Tahini

Taboulet, Parsley & Tomato Salad, 3.50

Yoghurt with Cucumbers & fresh Mint 3.50

Mutabel, 3.95

Grilled Aubergine

Pure with Garlic & Tahini

Crepe with Feta cheese & Spinach 3.95

Briouat 4.25

Choice of:

❖ Feta cheese & Spinach

❖ Kefta (spicy minced Lamb)

❖ Chicken

Olive & Tuna Salad 4.25 / 8.95

Seafood Salad with Cumin dressing 4.25 / 8.95

Mediterranean Prawn Salad 4.95 / 9.95

with Saffron Mayonnaise

Chicken Salad 3.95 / 6.95

Medina, Duck & Apple Salad 4.50 / 8.95

Merguez (Lamb sausage) 4.25

grilled or with Tomato sauce

Kefta Chermoula (Meat balls) 4.25

with Spices & Herbs

Sautéed Chicken Liver 4.25

with Garlic & Coriander

Arabic Salami with pickled vegetables 4.25

Medina Toasted Roll 4.25

Choice of:

❖ Chicken

❖ Kafta (Spicy Minced Lamb)

❖ Vegetarian (Vegetables & Cheese)

Grilled Sardines with 4.25

Tomato & Lemon

Calamari with Tomato Sauce 4.25

Mix Mezze 4.50 / Person

(Moutabel, Humous, Falafel & Taboulet)

Service charge of 12.5% will be added to your bill



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## Medina Main courses

### Couscous

Couscous Royal 12.45

(Lamb, Chicken, Merguez)

Lamb Couscous 9.95

Chicken Couscous 9.95

Merguez (Lamb Sausage) Couscous 9.95

All Couscous are served with traditional vegetable sauce

### Tagine

All At 9.95

Tagine is traditional clay pot, where the dish is cooked, giving it a distinctive flavour

Lamb with Chick Peas & Harissa sauce (slightly spicy)

Lamb with Prune, Apple & Almonds

Lamb with Green Peas & roast Onion

Chicken with Feta Cheese & Spinach

Chicken with Potato & Olives

Chicken with Dates & Honey

Chicken with Chick Peas, Cumin & Harissa sauce

Chicken with French Beans

Duck with Fruit sauce

### Chef's Speciality

All at 10.95

Roast Quail with fresh herbs

Rabbit with Lentils

Beef with White Beans Casserole

Pastilla of the day (see waiter)

Mtouam (Meatballs) Chick Peas sauce

### From the Sea

Baked Whole Seabass 12.95

with Garlic & Herbs

Calamari sautéed in Tomato sauce 9.95

Grilled Mediterranean Prawns 10.95

Mixed Fish Tagine with 9.95

Tomato & Herbs

Grilled Red Mullet 9.95

Grilled fillet of Halibut 13.95

### From the Grill

Choice of Chargrilled Brochette

❖ Chicken 9.95

❖ Kefta (Minced Lamb) 9.95

❖ Calves Liver 9.95

❖ Merguez (Lamb Sausage) 9.95

❖ Mix Brochette 12.95

(Chicken, Kefta & Merguez)

❖ Grilled Sirloin 10.95

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## Vegetarian

Couscous with root Vegetables 8.50

Couscous M'sfoof, 8.50  
with Yoghurt, Green Peas & Dates

## Vegetarian Tagine All At 8.95

Vegetables, Spinach, Feta Cheese & roast Onion

Vegetables, Prune & Almond

Vegetables, Artichoke, Green Peas & Roast Onions

Vegetables with Feta cheese & Spinach

Vegetables, Chick Peas, Cumin & Harrisa sauce

Vegetables with French Beans, Onions & Tomato  
sauce

## Side Orders

All At 1.95

Fries with Harrisa Mayonnaise (on the side)

New Potatoes with fresh Mint & Butter

Spinach with roast Onion

Glazed Carrots

French Beans

Green Peas

Steamed Couscous

Saffron Rice

Feta cheese with Tomato Salad

Mixed or Green Salad

Selection of mixed Vegetables

## Desserts

All At 3.95

Crème Caramel

Crème Brulee with Dates

Fruit Compote with Orange Flower

Crepe with Honey & Roasted Almonds

Crepe with Chocolate & Rosewater Cream

Crepe with Butter, Lemon juice & Sugar

Yoghurt, Almonds & Honey

Rice Pudding with Raisins, Honey & Cinnamon

Apple Tarte with Rosewater Cream

Selection of Ice Cream or Sorbet (see waiter)

Baklava (Filo Pastry)

Pastilles of Figs

Orange & Date Salad

Service charge of 12.5% will be added to your bill